



Barnardos

The Incredible Years

Ngā Tau Miharo



Kia eke ai te hunga taitamariki
ki ngā rangi tūhāhā

Incredible Years is a free 14-week programme for parents and caregivers of children aged 3-8 to grow their positive parenting skills.


It provides practical help and support focused on:

- enhancing children's social skills
- child-led play
- using praise and enhancing positive behaviours
- establishing routines
- setting clear rules and boundaries.

We can help with child-minding and transport.
Kai will be provided.

For more information

We're here to help. If you'd like any further information please contact our Blenheim office:

 (03) 578 6491

 blenheim.office@barnardos.org.nz